

## **COVID-19 Precautions**

With Covid-19 still high in the Rossendale Valley, we are continuing to keep some measures in place to help limit the spread of the virus.

People who have COVID-19 can infect others from around 2 days before symptoms start, and for up to 10 days after, and some people are asymptomatic, so will not know they are infectious. We want to ensure everyone is kept as safe as possible when visiting our church premises.

**COVID symptoms:** Please demonstrate love towards one another and don't attend if you are feeling unwell, if you are self-isolating following exposure to the virus or a member of your household has COVID symptoms:

- a high temperature
- a new, continuous cough
- or a loss or change to your sense of smell or taste.

**Social distancing:** Respect other attendees, bear in mind some people are more cautious than others and will wish to limit contact with people they do not normally live with.

**Seating:** Please leave space between each household or check that the person you wish to sit near is comfortable with this. Leaving three empty seats between households will give you 2 m distance.

**Masks:** Please wear a mask whilst moving around in the building, unless you are exempt from wearing one for health reasons. You can remove your mask when you are seated.

**Singing:** Singing or speaking with a raised voice can increase the risk of catching or passing on coronavirus, therefore please keep your mask on if you are singing loudly.

**Children's provision:** Families with children are very welcome, and we are providing seating around tables and craft activities to support families attending services. There may also be a mixed-age Sunday school where children leave the main service and move into the lounge or go outside for their own stories and activities. There will be at least two adults and parents are welcome to accompany their children.

**Hygiene:** Please use hand sanitiser on entry and when exiting the building.

**Ventilation:** Please dress appropriately as we will generally open doors and windows to allow air circulation.

**Arriving and leaving:** The church is operating a one-way system so please enter by the side door and leave by the main door.

**Filming:** Our services are live streamed on YouTube. The camera will focus on the speaker in the pulpit and the worship group. To avoid being seen in the online service do not sit on the front row in front of the pulpit or worship group or walk across the front of the church.

**Toilets:** Our toilets will have been deep cleaned prior to the service.

**Track and trace:** We are supporting NHS Test and Trace by providing a NHS QR code poster to allow people to check in using the NHS COVID-19 app or by providing their contact details.

**Post-service chat:** We encourage you to chat outside our building or why not arrange to meet up during the week?

If you have any questions, please don't hesitate to contact the church.